



2011 RUN 4 FUN PROGRAM

- Learn proper running techniques • Develop the ability to run longer and faster
- Have fun training and competing with others as part of a team
 - Boys and girls, ages 10-14



Participate with our school in the Run 4 Fun Festival, December 10, 2011.

- ◆ **Free T-Shirt** ◆ **Free refreshments** ◆ **Opportunity to win individual and team medals**

See _____ to sign up TODAY

For More Information

Get more information from the Youth Services Coordinator or P.E. Department or call the LA84 Foundation at (323) 730-4600.