

## Book - Reviews

*The Oxford Pocket-Book of Athletic Training.* By K. S. Duncan. (Oxford University Press, Amen House, Warwick Square, London, E. C. 4. 4s. 6d.)

Himself an athlete of first-rate achievement and international standard, « Sandy » Duncan; the new Secretary of the British Olympic Association, has obviously spent many hours in considering the why's and wherefore's, and this book teems with « wise saws and modern instances ». Duncan divides athletic training into five parts, and the conquest of each appears to be a very formidable one.

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*The Way to Win on Track and Field.* By Jack London. (D. P. Ltd., 24, Exeter Street, London, W. C. 2. 6s. 6d.)

This book is designed to teach the young athlete the right way to set about becoming a champion, and supplies in a remarkably condensed form the fundamental principles of all the Olympic events (with the cricket ball thrown in). There is, as one would expect from an athlete who excelled at two such diverse events as sprinting and high jumping (and what a long jumper he could have been !), a great deal of sound common sense throughout, while the diagrams are excellent.

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*Amateur Boxing Annual.* — Edited by « Broughton. » (War Facts Press, 92, Fleet Street, London, E. C. 4. 2s. 6d.)

The weekly *Boxing News* has given its own annual a « stable compagnon. » On 70 pages everything of interest to the British amateur boxer is registered and reported, including a number of complete records of some of our outstanding men. No amateur whose horizon is not fenced off by his club's colours will be happy without this little book.

(From *World Sports.*)