
GREETINGS OF M. J. S. EDSTRÖM,
PRESIDENT OF THE I. O. C. TO ALL THE
REPRESENTATIVES PRESENT THIS DAY IN
DELHI, INAUGURATING THE FOUNDATION
OF THE ASIAN GAMES FEDERATION!

I hope that your Federation will serve to prepare young men and women to participate in the Olympic Games. These have grown during the last decades, and only the best sportsmen ought to take part.

But there is a greater mission for you than the Olympic Games. Bodily movement and exercise is necessary today for each individual. Industry calls so many of the youth to its factories, where the work is often one-sided with monotonous motions continually repeated. It is therefore necessary that the young men and women come out in God's free nature and practice sports that give their bodies the necessary motion. They must fill their lungs with fresh air. They must run and swim fast; they must be able to throw, jump, and perform other actions of sports. This will tire their bodies, and they will enjoy a good life-giving rest after the exercises.

Your Federation will work for this aim, and through you the youth of your contries will obtain

better physical condition than they have at present. Dear Friends! I call upon you to carry out this important mission, and I wish you success in your work!

Stockholm (Sweden), the 12th February 1951.

J. S. EDSTRÖM.