

## BIBLIOGRAPHY

*Swimming & Swimming Strokes.* – Published by the Educational Productions Ltd., East Ardsley, Wakefield, Yorkshire, England in collaboration with the Amateur Swimming Association.

This book has been written for the serious student of swimming and it has already been recognized by the swimming world as a standard work on the subject. The author, who is a lecturer in Physical Education at the

University of Birmingham, has based this book on experience gained over a number of years as tutor in charge of the Amateur Swimming Association's advanced training courses for selected competitive swimmers and their coaches..

This edition has been completely revised and over 240 entirely new illustrations have been added, showing every detail of the main strokes and making the book absolutely unique in its field.

Chapters are also included on anatomy and physiology in relation to swimming gymnastics ; training ; tests for school children ; sports massage ; floating ; and organizing a swimming gala.

The chapter on the Dolphin-Butterfly stroke has been entirely revised in view of the recent Fédération Internationale de Natation Amateur ruling, and includes a description of the 'Dolphin wave' together with a comparison of the undulatory movements of the dolphin swimmer with that of an eel.

All the main strokes are analysed in detail and the reader is taken step by step through the body position, arm action, leg movement, respiration, timing and rhythm.

Other publications of interest have been published by the same Editor :

*Diving Instructions* by N. W. Sarsfield, 1957 edition ;

*Swimming Instruction* by the Amateur Swimming Association ;

*Know the Game Swimming* by the Editor.

If you would like further information on Books, Wall Charts, Filmstrips and Film Loops on many other sports, please write to : Educational Productions LTD., East Ardsley, Wakefield, Yorks, England.

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Skiing. — *National Skiing* is a news magazine published bi-monthly in Denver, Colorado from November to March. The periodical reports all activities of American and international ski events. As America's largest skiing publication with 65,000 circulation, the subscription rate is \$2.00 a year for nine issues.

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RIDING. — This book has been written at the request of the British Horse Society by Mrs. V. D. S. Williams, mainly in the hope that it will encourage young riders to have more understanding of their mounts, and thus be more able to appreciate the skills of the sport and the finer points of horsemanship. The book is abundantly illustrated and brilliantly written. In addition it contains unique sketches never published before. The editor is 'Educational Productions Ltd', 17, Denbigh Street, London S. W. 1, where it can be obtained. Price 7/6.

Just published by the same Editors in the Series of 'Play the Game' following publication at 2/6 : SKILFUL SOCCER, CRICKET, LAWN TENNIS. ATHLETICS. CYCLING and LAWS OF FOOTBALL.