

B I B L I O G R A P H Y

The "Fédération Internationale de Médecine Sportive" has just published number 4 of its "Journal of Sports Medecine and physical Fitness".

Some of the articles:

- The acute effects of exercise on serum lipids of patients with previous myocardial infarction,
- Stabilisation of the O_2 -concentration in closed respiratory systems by direct determination of the PO_2
- Psychological and Psychotherapeutic aspects of swim coaching,
- Inter-racial comparison of tests of physical fitness on high school children at Cape Town,
- A comparison of the effects of isometric exercises upon the physical fitness status,
- The effects of exercise and training on the hematology of the female albino rat,
- Physiological effects, observed at the 1,500 m. altitude level, in subjects suffering from respiratory complaints,
- Rehabilitation through the outdoor activity programme for disorders of autonomic nervous imbalance.

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SKI AND OTHER WINTER SPORTS - by Serge Lang (published by Larousse)
price Sfr. 47,30

Serge Lang is an expert in all things concerning skiing and he has put both his authoritative knowledge and his heart in this magnificent work. Far from contenting himself with a simple account of large competitions he searches continuously to promote improved skiing. Thus in close collaboration with the best known ski technicians, he extols, advises and carries out an untiring campaign for the introduction of new methods.

GLI ITALIANI E LO SPORT - (Italians and Sport) by Donato Martucci,
(Published by Cappelli)

A talented journalist, a great humanist, an expert in all sporting matters - he is Head of the Italian National Olympic Committee's Press office - Donato Martucci examines the sports situation in Italy. He describes the obstacles of all types which face athletes from his country - social, traditional, family and religious. This publication is a real groundwork of sport.

L'ITALIA AI GIOCHI DELLA XVIII OLYMPIADE - (Italy at the Games
of the 18th Olympiad)

Edited by the Italian National Olympic Committee this illustrated selection gives all the results of the Tokyo and Innsbruck Games, placing the accent on the Italian organisation and participation. The results of the first six athletes in all Olympic Competitions are given in the last section.

FROM OLYMPIA TO MEXICO - by Monique Berlioux
(Published by Flammarion at FFr.40.-)

This revised and completed version of "Olympica" which recounts the epic history of the Olympic Games has been brought out to coincide with the 1968 Games. It contains the history and the list of honours of all the Games from Athens to Tokyo and all one should know concerning the Winter Olympic Games since their creation.

BIBLIOGRAPHY

MEXICO 68

The Mexican Organising Committee has just issued the eighth edition of its illustrated magazine, which is particularly rich in content.

Apart from numerous illustrations there are articles recalling Mexico's historical and cultural past, water sports, genetic programmes and radio-biology, innovations and improvements for the 1968 Games, and an editorial extract from the President Cristavo Diaz Orbaz's report emphasises the return towards a humanist approach to the Olympic Games.

ANTHOLOGIE OLYMPIQUE (olympic Anthology)
(Edited by the Cercle des Sports de
France,
17.Faubourg Montmartre, PARIS)

One of the most celebrated names in French sport is Emile Anthoine (he won the Paris-Strasbourg walk) and at 86 years of age he remains an accomplished sportsman. He has just published this anthology in which he deals with the Ancient and Modern Games, giving their results and recounting his own memories.
