

Olympic Solidarity courses

National swimming and water polo course in Madagascar

Dates: 29th September to 18th October 1980.

Location : Tananarive.

Participation : 15 delegates responsible for clubs in various parts of the island.

Objectives: To provide a basic grounding in all aspects of swimming and water polo in the hope that the participants pass on their knowledge at club level and thereby instil enthusiasm nationally.

Experts: Mrs. Pierette Gheysen (FRA) (swimming) and Mr. Cirkovic Trifun (YUG) (water polo).

Programme: For the most part, the theory lessons were held in the morning sessions and followed by practical lessons with swimmers in the afternoons. The lectures were backed up by means of coaching films.

Results: The course amply fulfilled its objectives and provided those taking part with an invaluable insight into new coaching methods as well as familiarising them with recent technical rules and regulations.

The participants were presented with their certificates at an official reception attended by officials of the National Olympic Committee and representatives of the press.

7th International clinic for wrestling coaches in Yugoslavia

Dates: 9th to 18th November 1980.

Location : Cavtat near Dubrovnik.

Participation : 87 coaches from all parts of the world.

Objectives: "To increase the knowledge of sports pedagogy of the coaches and encourage scientific research regarding wrestling". The course provided in particular an analysis of the wrestling tournament at the Games of the XXIInd Olympiad in Moscow and treated in depth the preparation of wrestlers for the period leading up to the 1984 Olympic Games in Los Angeles.

Experts: Messrs. Chakmouradov (URS), Corneanu (ROM), Dziedzic (USA), Ercegan

(YUG), Hegedush (HUN), Novikov (URS), Petrov (BUL), Sasahara (JPN) and Dr. Spannbauer (FRG).

Programme: The programme covered all aspects of the sport. Lessons on theory were liberally interspersed with practical sessions, films, round tables and discussion. The President of the FILA, Mr. Milan Ercegan opened the course with a lecture on "Olympic Solidarity as an important factor of development of sports in the world".

A separate clinic for officials was organised from 16th to 18th November 1980 in which 70 judges and referees took part.

A large number of books and films, covering a wide range of subjects, were distributed free of charge as part of the technical assistance programme. In addition books were sent to those national federations that had not been able to send delegates and 120 films were forwarded to nations where the sport is in the process of development.

The following represents a selection of the recommended coaching manuals :

- *Principles of free - style wrestling for children and adolescents* by Raïko Pétróv. 133 pages, available in English and Spanish.
- *Basic principles of preparation and training in modern wrestling* edited by A. Novikov. 71 pages available in English and French.
- *Children on the mat* by. Raïko Pétróv, Ogniane Makaveev and Ludmil Milanou. 76 pages, available in English or French.
- *Fundamental aspects of wrestling training*. 202 pages, available in English, French and Spanish.
- *Fundamentals of scientific wrestling* by Shozo Sasahara. 192 pages, in English. New edition currently being prepared.

