

Olympic Solidarity Report on the courses

National basketball course in Paraguay

Location : Asuncion.

Dates : 9th to 30th June 1981.

Participants: 23 coaches recognised by the National Basketball Federation.

Staff: Mr. Macario Gonzalez Guerrero (MEX) for physical preparation, and Mr. Constancio Cordoba Alvarez for the technical aspects of the game.



From left to right: Mr. Adriano Gara Carmona, Paraguayan National Olympic Committee President, and the two staff members, Professors C. Cordoba Alvarez and Mr. Gonzales Guerrero (seated in the first row) during the opening of the course.

Objective: To acquire a high standard of knowledge for international games.

Programme: The participants wished to see the interest of basketball grow in their country and thus steadfastly studied the theory and practices offered through the lec-

tures. Selected for their competence, these coaches were interested in studying the most effective ways to be physically prepared for the game. The forthcoming World Championships to be held in Colombia in 1982 provided a forum of discussion and comparison between European and South American playing techniques. The rules are the same but the style of the players and their use of the court are very different. The staff was very satisfied with the results of the course and the enthusiastic participation of the coaches.

National cycling course in India

Location : Patiala.

Dates: 15th to 29th June 1981.

Participants: 21 judges and referees

Staff: Mr. Ibn Vagn Hansen (DEN).

Objective: To perfect the knowledge of the participants.

Programme: The staff member began the course with an exposé on the rules and regulations of the FIAC, UCI, the Asian Cycling Federation, the Olympic Games and the World Championships. He then went on to describe the medical regulations, anti-doping tests, their sanctions and penalties. After each lecture, 40 minutes was allotted for answering questions and focusing on incorrect interpretations of certain rules. At the end of the course, the 21 participants supervised a 125 km race organised by Mr. Vagn Hansen who anticipated the possible obstacles and incidents. Individual reports were written by the participants in place of a final exam. Of these, 14 were extremely well-done. Everyone expressed their satisfaction with Mr. Vagn Hansen for his creative and educational prowess.

National handball course in Morocco

Dates: From 9th to 18th August 1981.

Location : Rabat.

Participants : 20 coaches.

Expert: Eugeniu Trofim (ROM).

Objective: To provide a refresher course for national coaches.

Programme: The participants had been selected from among the best national coaches. The theoretical course was there-

fore devoted mainly to individual technique, collective technique and the different tactical strategies. The practical course, which represented an important part of the programme, enabled participants to become completely familiar with the new rules that have been in force since 1st August 1981. The expert called particular attention to the amendments to Rule 8 (Respect of one's opponent) and Rule 17 (Penalties). The purpose of these amendments is to do away with the unsporting behaviour that had grown all too common in handball matches, such as for example hanging onto and opponent's vest or a defender tackling and attacker on the neck or face. Such behaviour is now forbidden.

National judo course in Bulgaria

Location : Lovetch.

Dates : 1st to 15th October 1981.

Participants : 25 national coaches and 25 amateurs chosen by the staff.

Objective : To acquire more knowledge.

Staff: Mr. Henri Courtine (FRA) and Mr. Kiyoshi Murakami (FRA).

Programme : The organisation and well-running of this course are due to the work of Mr. Vassil Ivanov, Bulgarian Judo Federation President and Mr. Svetoslav Ivanov. The representatives of the Bulgarian Judo Federation felt that this course marked a new chapter in the development of Judo in Bulgaria. The two staff members were well-complimented. Mr. Courtine demonstrated the moves as he described them. Composed and accessible, he maintained a running dialogue throughout. He analysed the science of contact and explained the significance of judo, stressing the necessity of research on the harmony of the spirit and the gesture to attain perfection in the application of this sport, whose origin is a martial art. As for Mr. Murakami, one of the most brilliant demonstrators of newasa (pinning holds) and shime wasa (choking holds) techniques, he dazzled the Bulgarian coaches with his performances and address. The participants unanimously regretted the briefness of the course and that not all the techniques were covered.

National Archery course in Portugal

Location : Lisbonne.

Dates : 17th to 30th September 1981.

Participants : 16 coaches.

Objective : To perfect knowledge of the sport.

Staff : Mr. Mario Codispoti (ITA).

Programme : Archery is a sport that does not require great physical strength and can therefore be practiced by people of all ages. On the other hand, intense concentration and physical control is a necessity. Mr. Codispoti stressed these points and gave a detailed programme for athletic preparation. The participants were made up of young coaches with experience behind them and they greatly profited from this course.

National Athletics course in Gabon

Location : Libreville.

Dates : 28th September to 10th October 1981.

Participants : 34 Gabonese coaches, one from the Congo, and 3 Senegalese.

Staff : Mr. Jacques Dudal (FRA), Director of the course and in charge of the throwing events, Mr. Roger Thomas (FRA) responsible for the running events and Mr. Gerard Caparossi (FRA), jumping coach.

Objective : To perfect the participants' knowledge.

Programme : Training consisted of the sprint, hurdles, relays, the triple jump, pole vaulting, the shot put, javelin and discus throwing. The staff members explained the breakdown of the various motions. Along with this practical study, the participants investigated the psychological elements of the athletes and the importance attached to the personalities of the young athlete to obtain the best results. The relationship between inhibitions, anxieties and individual characteristics in accord with given behavior traits was also studied. For example, with the nervous athlete it is necessary to release the emotional tension to create a safeguard against failure. The course finished up with a test that revealed the educational and practical benefits gained by the participants.

