
STAGES OF SOLIDARITY



INDIA
Athletics
21st November
to 4th December

Athletics coaches from seven Asian countries (HKG, INA, MAL, NEP, SIN, SRI, IND) were in New Dehli (IND), from 21st November to 4th December, for a regional course conducted by the Amateur Athletic Federation of India with financial assistance from Olympic Solidarity.

The twenty-three participants received instruction from Dr. Alan Neuff (GBR) on such subjects as sprints, hurdles, middle distance running and pole-vaulting. Dr. C. M. Muthiah (IND) led the classes on jumping events, officiating and planning. Both experts were from the IAAF.

Most of the days were divided into three segments: theory, analysis of competition and biomechanical videos and films, and application of coaching principles and methods. The final days included a general examination and the traditional closing ceremony.