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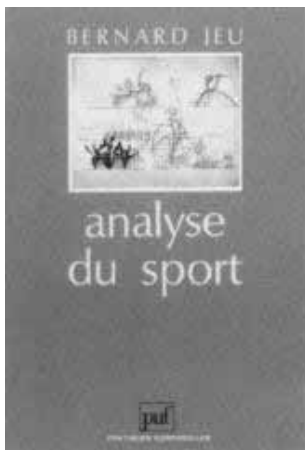
## Bibliography

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**MAKING AND USING CREATIVE PLAY EQUIPMENT** by Jim L. Stillwell, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois 61820 (USA), 1987. 128 pages in English. Price : US \$14.95.

A practical guide for teachers and parents seeking ways to reinforce children's physical education and development. The reader will discover 49 different types of easy-to-build and easy-to-use play or exercise equipment, all of which can help to improve the quality of physical education and recreation programmes.

**ANALYSE DU SPORT** [Analysis of sport] by Bernard Jeu, Editions PUF, 90 bd Saint-Germain, 75005 Paris (FRA). "Pratiques corporelles" collection, 1987. 190 pages in French. Price : FF 120.—.



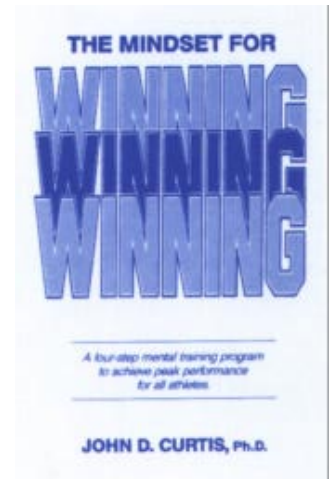
Where does sport come from ? Where is sport heading ! In an attempt to answer these questions, the author takes us into the realms of poetry, history and politics. "Sport is part of the recreations we need, in which we often find our essential selves and in which, through a collective emotion, we sometimes discover a breath of poetry."

**LA PSYCHOLOGIE DU SPORT DE HAUT NIVEAU** (The psychology of high-level sport) by Raymond Thomas, Guy Missoum and Jean Rivolier, Editions PUF, 90, bd Saint-Germain, 75005 Paris (FRA). "Pratiques corporelles" collection, 1987. 300 pages in French. Price : FF 130.—.

This book presents the latest diagnostic and training techniques for high-level athletes. The authors have sought to place the athlete in his context to study him from an interactionist viewpoint. A useful tool and reference work for coaches, this study provides some new ideas for the evaluation and optimisation of performance in high-level competition sport.

**THE MINDSET FOR WINNING**, by John Curtis, published by Coulee Press, P.O. Box 1744, La Crosse, WI 54602-1744 (USA), 1987. 108 pages in English. Price : US \$7.95.

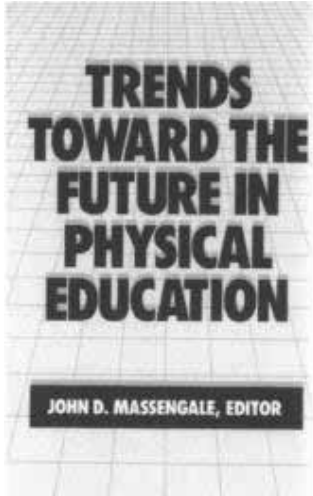
How the mind governs the body. This work offers all athletes a programme of mental training in four phases to help them achieve maximum performances. The techniques are illustrated by many



diagrams. This new approach to mental training includes a presentation and analysis of concentration problems before and during competition.

**THE SPORT PSYCHOLOGIST** by Glyn C. Roberts and Daniel Gould, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois 61820 (USA), 1987. 1st volume, 94 pages in English. Price : US \$28.—.

This new official journal of the International Sports Psychology Society concentrates on applied research, in particular the application of research in the area of psychological services available to athletes and coaches. international news, conferences, books and videos are presented in the information section at the back of this new quarterly publication.



**TRENDS TOWARD THE FUTURE IN PHYSICAL EDUCATION** by John D. Massengale, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois 61820 (USA), 1987. 200 pages in English. Price : US \$22.—.

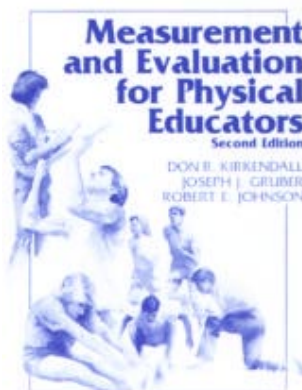
This work examines, describes and analyses real trends and movements in physical education, projecting them into tomorrow's world. The eleven essays presented in the book raise and explore a wide range of subjects, among them the problem of bursaries, the teaching and administration of sport, sports medicine, women and sport and the role of fitness programmes in maintaining health.

**FUNDAMENTALS FOR TEACHER AND COACH** by John T. Powell, published by Stipes Publishing Company, 10-20 Chester Street, Champaign, Illinois 61820 (USA). 1987. 4th edition. 260 pages in English.

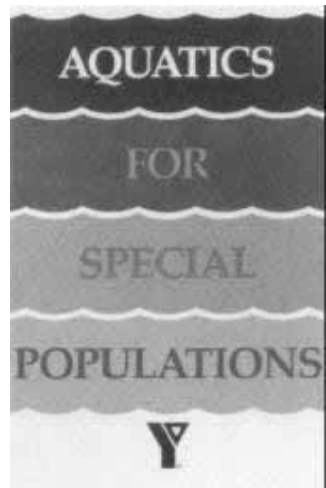
Every page of this book is filled with information on the basic principles and techniques, advice, hints and ideas which will stimulate the reader, be he teacher, coach or athlete. The author's aim is to demonstrate through this guide that teaching and coaching are different but complementary activities.

**MEASUREMENT AND EVALUATION FOR PHYSICAL EDUCATORS** by Don R. Kirkendall, Joseph J. Gruber and Robert E. Johnson, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois 61820 (USA). Second edition, 1987. 576 pages in English. Price : US \$27.—.

With this book, the authors hope to provide students and teachers of physical education with the knowledge and understanding necessary to take important decisions concerning the structure and implementation of a programme, for instance. Various fitness tests and a series of formulas for the evaluation of physical



condition are explained with the aid of tables, diagrams, etc. This worthwhile work of reference closes with an introduction to the use of the computer, exercises and an extensive bibliography.



**AQUATICS FOR SPECIAL POPULATIONS**, edited by the United States YMCA, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois 61820 (USA), 1987. 168 pages in English. Price : US \$16.—.

This book is a source of information and references concerning the practice of water sports for people with particular needs, for instance those suffering from a physical handicap, emotional disturbance or social disadvantage. This unique manual covers such aspects as planning, publicity, implementation of programmes, teaching of attitudes and techniques, recommended health and safety measures, equipment and facilities.