

**SPORT, THE LAW AND INTERNATIONAL RELATIONS**, publication by the University of Nice's Centre for Law in Sport edited by Pierre Collomb, Director of the Centre. Published by Economica, Paris 1988.

Just published, this excellent work is the first of its kind devoted to the legal and political problems surrounding international sport. Pierre Collomb, Director of Nice's Centre for Law in Sport, has made it possible to unite the work of major legal experts and specialists in sports law in this publication. The preface to the collection is by H.E. Mr. Juan Antonio Samaranch, President of the IOC. Among the topics raised we should note one chapter devoted to the international organization of sport (structures and disciplinary institutions). Another chapter deals with rules and in particular the establishment of international sports regulations. International sports co-operation, sports as a "political target" (sport and international politics, means of pressure using sport, strategy and significance of boycotts) are among the other subjects covered by well-known legal experts. One important chapter within this collection covers the International Olympic Committee. H.E. Mr. Kéba Mbaye, Vice-President of the International Court of Justice, deals with the legal status of the IOC as well as that of the Court of Arbitration for Sport - of which he is the Executive President - an arbitration institution newly created by the IOC and which is called upon to resolve cases involving sport. The author describes the organization, the running and the procedure of this court. The final chapter of the collection is devoted to comments by Professor Maurice Torrelli of Nice's Faculty of Law, under the title "Towards the international recognition of a law concerning sport".

There is no doubt that this work will be of interest to many who, for various reasons, are faced with the problems of sport and law. It is of great use in getting to know how sport is organised on an international scale, to realise what role sport plays in

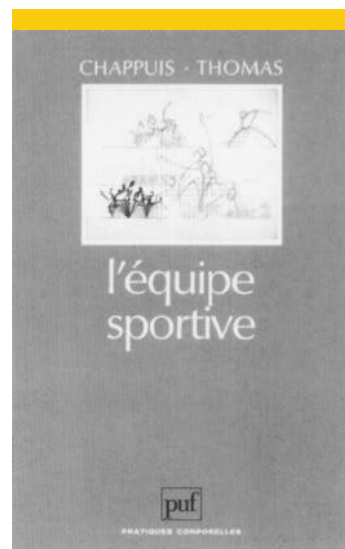
international relations, and to recall the rights of the individual when oppressed by the structure or the decisions taken by his country - these were the objectives which have been fully achieved by this work "Sport, the Law and International Relations".

**PHYSICAL ACTIVITY IN EARLY AND MODERN POPULATIONS - AMERICAN ACADEMY OF PHYSICAL EDUCATION PAPERS No. 21**, edited by Robert M. Malina and Helen M. Eckert, published by Human Kinetics Publishers Inc., Box 5076, CHAMPAIGN, Illinois 61820 (USA). 1988. 120 pages in English. Price: US\$ 14.—.

These 10 texts presented at the annual meeting of the American Academy of Physical Education offer us a historical, philosophical and scientific look at physical activity. The most recent theories and research on physical activity are explored from an anthropological perspective: from physical activity amongst prehistoric man to the level of, and industry surrounding, physical fitness in the 1980s, and the physical activity and illnesses of the technologically advanced society.

**L'EQUIPE SPORTIVE** (The Sports Team) by Raymond Chappuis and Raymond Thomas, published by Editions Presses Universitaires de France, 108 Boulevard St. Germain, 75279 PARIS CEDEX 06 (FRA). 1988. 157 pages in French. Price: FF 125.—.

This work begins with a description of the different types of sports teams which exist and the scientific works which have been devoted to them. The two authors then proceed to make a closer analysis of the functioning and organization of a collective sport team. This book "offers the reader an in-depth analysis of the problems

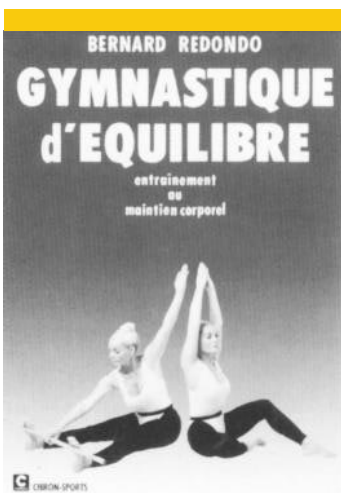




involved in perceiving the game, the emergence of dynamic structures, anticipation, the spatio-temporal organization of the 'good forms' required for players to see and act together".

**MANUALE DEL MEDICO DELLO SPORT** (Sports Doctor Manual) by C. Piovano and L. Piovano, published by Piccin Nuova Libreria, PADUA (ITA). 497 pages in Italian. 1987. Price: L 70,000.

In around 500 pages, the authors of this important work deal both with theoretical subjects such as legislation, sports organization, literature, the professional legal responsibility and civil liability of the doctor...and practical subjects like initiation, training, competition in various different sports as well as the psycho-physical qualities of the doctor. The final chapter of the book is devoted to an analysis and description of certain medical disciplines such as cardiology, traumatology, dietetics, psychology, stomatology etc.



**HIGH PERFORMANCE SKIING - HOW TO BECOME A BETTER ALPINE SKIER** by John Yacenda, published by Human Kinetics Publishers Inc., Box 5076, CHAMPAIGN, Illinois 61820 (USA). 1987. 290 pages in English. Price: US\$ 12.95.

"The first ever book to devote itself to the basic principles of high-performance skiing in a style that is both comprehensible and amusing". This guide will provide its readers with advice on warming up, physical conditioning, mental preparation and improvement of technique with the aim of

descending the most difficult slopes. This work has been produced in collaboration with several experts, including Olympic medallist Christin Cooper.

**PARENTING YOUR SUPERSTAR - HOW TO HELP YOUR CHILD GET THE MOST OUT OF SPORTS** by Robert J. Rotella and Linda K. Bunker, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois 61820 (USA). 238 pages in English. Price: US\$ 12.95.

This work proves to be an indispensable guide for all parents whose children want to become winners in sports. The two authors describe and explain the role of these parents in their children's participation in sport: work and collaboration between parents and coaches, teaching of sports techniques, prevention of injuries and nutritional guidelines... Through this book parents will discover the pleasures and dangers in bringing up a child-athlete.

**GYMNASTIQUE D'EQUILIBRE** (Balanced gymnastics) published by Editions Chiron, 40 rue de Seine, 75006 PARIS (FRA). 1988. 100 pages in French. Price: FF 85.—.

For all those in search of "gentle" gymnastics, Bernard Redondo offers his method of balanced gymnastics based on isometric gymnastics, stretching, posture and breathing. The 75 exercises described in the book are clearly presented and illustrated and will help readers to eliminate many different aches and pains which are mainly due to poor posture, including the "famous backache".

**RETRAITE ACTIVE, RETRAITE SPORTIVE** (Retirement, Stay Active - Play Sport) published by Editions Chiron, Collection Agora, 40 rue de Seine, 75006 PARIS (FRA). 1987. 120 pages in French. Price: FF 80.—.

Health, Fitness, Pleasure: the motto of the new French Federation of Sporting Retirement. At the first national assembly, doctors, educators and representatives from the authorities discussed and analysed the precautions needed, the perseverance required, the positive effects which can be expected, the action to be taken, the collaboration to be set up or strengthened...for the 10 million retired people all too often pushed aside or excluded from French society today. With this collection of texts, a sporting retirement becomes "a challenge to the systems of exclusion or indifference".

**BUILDING YOUR HIGH SCHOOL FOOTBALL PROGRAM - IN PURSUIT OF EXCELLENCE** by Joseph G. Pacelli, published by Human Kinetics Publishers Inc., Box 5076, CHAMPAIGN, Illinois 61820 (USA). 137 pages in English. Price: US\$ 15.95.

"How to create a programme geared to success by using the personal techniques required to attain excellence in all areas of life". This book provides you with the know-how, whether you are a young coach or an experienced coach. The fruit of 12 years' experience and two years' research, this guide will explain how to work effectively and positively with athletes, parents and other coaches; how to develop quality techniques and thereby a coaching philosophy; how to select and organize training personnel; how to recruit and motivate players, etc.

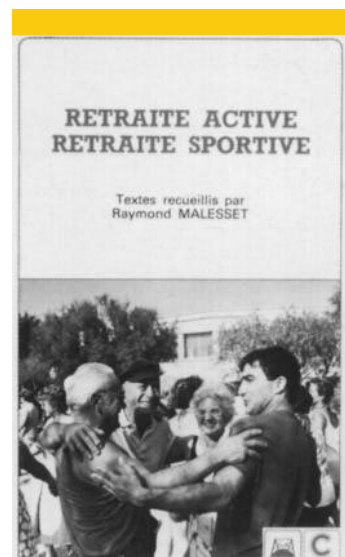
**LA FACE - PREMIERS SECOURS** (The Face - First Aid) by Jean Minière published by Editions France-Selection, 9-13 rue du Département, 75925 PARIS (FRA). 1988. 196 pages in French. Price: FF 140.—.

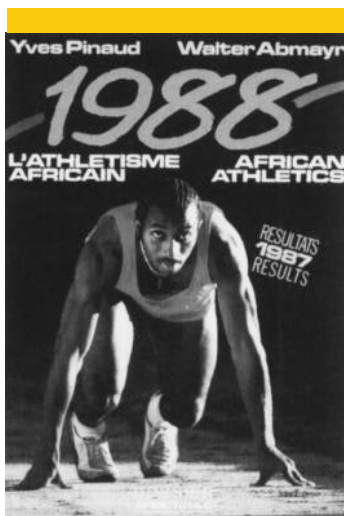
In a simple, concise and precise style, this book sets out to describe the main fractures, haemorrhages, wounds or traumas that can affect the face. Two important chapters worth reading: the different risk factors and prevention. Numerous diagrams and tables illustrate this manual, an "exemplary work on first aid".

**SVERIGE OCH OS** (Sweden and the Olympic Games) by the Swedish Olympic Committee, Idrottens Hus, 12387 FARSTA (SWE). 1987. 448 pages in Swedish.

With a preface by H.E. Mr. Juan Antonio Samaranch and H.R.H. Prince Bertil, President of the Swedish Olympic Committee, this magnificent work pays tribute to all the Swedes who have contributed to the success of sport and the Olympic Movement in their country. Published when the NOC was celebrating its 75th anniversary, this book relates, through the history of Swedish sport, the history of the Olympic Games, summer and winter, from the Games of Antiquity until today. There are several pages featuring portraits of the successive presidents of the IOC and members of the IOC in Sweden. Numerous statistics are presented on Swedish Olympic medalists, a list of medals obtained nation by nation, results from all the Games, the art competitions at the Games, member countries of the IOC etc. Many period photographs enhance the historical value of this reference work.

**URHEILU TIETO 1988** (1988 Year Book) by Markku Siukonen and Matti Ahola published by Sporttikustanus Oy ja tekijät JYVAESKYLAE (FIN). 1988. 318 pages in Finnish.





This work follows the scenario of the film of the sporting year 1987. The reader will find in it all the Finnish athletes who stood out in their respective sports during national and international events. All the results and placings are listed. There are also a few pages devoted to the last Winter Games in Calgary in 1988.

**SUURI OLYMPIATEOS** (The Great Book of the Olympics) by Markku Siukonen, Matti Ahola and Helge Nygren, published by Sporttikustanus Oy ja tekijät, Jyvaeskylae (FIN). 1988. 320 pages in Finnish.

This book describes the love story of Finland and the Olympic Games since 1919. The first pages are devoted to the International Olympic Committee, the Olympic Movement and the first Session of the Finnish Olympic Academy. All the Finnish athletes to compete in the Olympic Games and their placings, the history and results of the Winter Games from 1924 to 1988 are inspiringly recounted and magnificently illustrated.

**1988 L'ATHLETISME AFRICAIN** (1988 African Athletics) by Yves Pinaud and Walter Abmayr, published by Yves Pinaud, 7 rue Quesney, 92330 SCEAUX (FRA). 1988. 147 pages in French. Price: FF 69.—.

The 7th edition of "African Athletics" opens with a contribution from IAAF President Primo Nebiolo and CAAA President Lamine Diack who both hail the renewal within African athletics in 1987. Inside the book, the reader will find all the World and African records, all the results from the

national and international events of 1987 and the 100 best African athletes, not forgetting the juniors of course, as this book is a tribute "to all the athletes of the continent, from the world champions to Africa's anonymous athletes."

**XIV JUEGOS DEPORTIVOS CENTROAMERICANOS Y DEL CARIBE - MEMORIA** (XIVth Central America & the Caribbean Games - Report) by Fernando G. Campoamor and Caridad Calvo Amador, published by Ministerio de Cultura, Editorial científico-técnica, Calle 2 no. 58, entre 3ra. y 5a., Ciudad de La Habana 4 (CUB). 1983. 500 pages in Spanish.

In 500 pages the whole story of the Central America and the Caribbean Games is recounted: we have a description of the preparation, organization and actual day by day running of the Games, accompanied by numerous illustrations. This work also introduces Cuba as well as the ODECABE and its member countries. All the results of the XIVth Games are listed.

**FITNESS WORKS! A BLUEPRINT FOR LIFE-LONG FITNESS** by Jane Katz, published by Human Kinetics Publishers Inc., Box 5076, CHAMPAIGN, Illinois 61820 (USA). 1987. 136 pages in English. Price: US\$ 9.95.

A complete guide, "Fitness works!" reveals to the reader the physical activities which can be both enriching and enjoyable such as walking, running, cycling or swimming. Detailed advice is given on nutrition, training methods and their frequency, intensity and length with a view to leading a healthy and active life.

News of the NOCs and the IFs will continue next month.