

SUCCESSFUL WRESTLING : COACHES' GUIDE FOR TEACHING BASIC TO ADVANCED SKILLS by Art Keith, published by Human Kinetics Publishers Inc., Box 5076 CHAMPAIGN, Illinois 61825-5076 (USA). 1989. 160 pages in English. Price : US\$ 18.-.

“Turn your wrestlers into champions”. This guide describes some 30 wrestling techniques which will introduce coaches to better basic body positions, better movements and better training advice. 18 wrestling moves are presented and illustrated with over 600 photographs.

IN PURSUIT OF EXCELLENCE - HOW TO WIN IN SPORT AND LIFE THROUGH MENTAL TRAINING by Terry Orlick, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois 61825-5076 (USA), 1990. 208 pages in English. Price : US\$ 12,95.

Transform yourself from simple athlete into a winner both on the sports field and in life. With this work the reader will learn how to know his own potential better, discover “paths” towards excellence and overcome obstacles in everyday life. This second edition also contains twelve new

examples taken by the author from his own experiences with athletes and their coaches.

POWER AND IDEOLOGY IN AMERICAN SPORT - A CRITICAL PERSPECTIVE by George H. Sage, published by Human Kinetics Publishers Inc., Box 5076 CHAMPAIGN, Illinois 61825-5076 (USA). 1990. 248 pages in English.

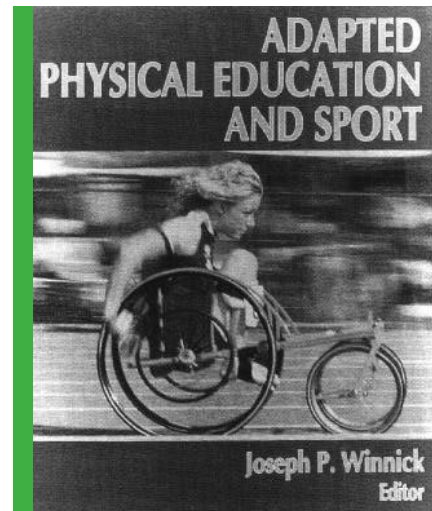
Written by one of America’s leading sociologists, this work encourages the reader to reflect on the influence of money and power on American sport and society. The subjects analyzed include the social perspective of sport; the social, sexual and racial stratification of sport; the economic policy and marketing of American sport; media and sport; and power and ideology in high school sport.

ADAPTED PHYSICAL EDUCATION AND SPORT edited by Joseph P. Winnick, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois, 61825-5076 (USA). 1989. 496 pages in English. Price : US\$ 36.-

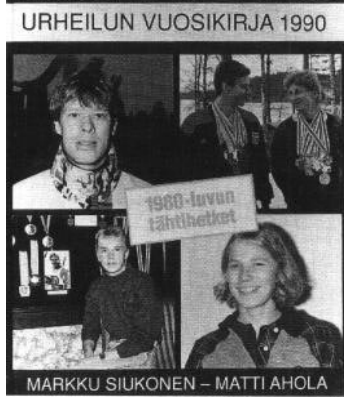
“An exceptional book which will help physical education teachers to work with exceptional children”. Written by renowned experts, this work presents and explains how to adapt around thirty sports and a dozen leisure activities to young handicapped people. In addition to developing basic techniques, this guide stresses the importance of integrating these children into sports and activities within the community.

COMPETITIVE ANXIETY IN SPORT by Rainer Martens, Robin S. Vealey and Damon Burton, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois 61825-5076 (USA). 1990. 288 pages in English. Price : US\$ 36.-

This book introduces readers to two research tests on anxiety in sport, and describes the theoretical bases and development processes. Sports psychologists and researchers will thus be able to gain a clearer understanding of the cause of competition anxiety in athletes.



BIBLIOGRAPHY



IDROTTSBOKEN 1990 (1990 Yearbook) by Ulf Pettersson (editor-in-chief), published by Strömberg/Brunnhages Förlag. 1990. 608 pages in Swedish.

This new edition brings together all the events and pictures, results and records of the sporting year 1989. Hundreds of photographs illustrate this veritable encyclopaedia of Swedish sport.

FITNESS IN SPECIAL POPULATIONS by Roy J. Shepard, published by Human Kinetics Publishers Inc., Box 5076 Champaign, Illinois 61825-5076 (USA). 1990. 350 pages in English.

This book takes a detailed look at physical fitness for people who are disabled, and how they react to vigorous and competitive physical activity. The topics covered include the historical aspects of exercise for the disabled, a classification of the various disabilities, training programmes, differences in legislation, psychosocial aspects, etc. An exhaustive bibliography and a glossary complete this thorough reference work.

OLYMPIAKOI AGONES 1896-1988 (The Olympic Games 1896-1988), by Anastasios P. Kontogeorgis, published by Salto, Angelaki Street 33-35, 546 21 Salonika (GRE), 1990. 239 pages in Greek. Price : 1500 drachmas.

With a preface by Nikos Filaretos, IOC member in Greece and President of the International Olympic Academy, this is an indispensable Olympic reference work. The history and rules of all Olympic sports and events, Olympic medal-winners and their performances, the countries taking part and the number of their athletes and medals won, the definition of the Olympic Movement, and a presentation of its principal organizations and protagonists make this into a work of historic Olympic proportions. Tables, diagrams and photographs illustrate the 200 or so pages of this Olympic "bible".

IDROTT HISTORIA OCH SAMHAELLE published by the "Swedish Society for Sport History >>, Torsgatan 56, 11337 Stockholm (SWE). 1989. 190 pages in Swedish. Price : 60.- kroner.

An annual publication of the "Swedish Society for Sport History >>. Amongst the 22 texts presented, the reader will be drawn to the contribution by Peter Mark, "The Eternal Mummy >>, which examines the question of amateurism in Sweden from 1880 to 1967.

ATHLETICS 1990 edited by Peter Matthews, published by London and Continental Communications Ltd, 16 Lower Marsh, London SE7 (GBR). 1990. 607 pages in English. Price : £12.95.

This is the 40th edition of this athletics yearbook produced by the Athletics Statisticians Association. A comprehensive review of events and personalities which made up the year 1989 in athletics, this publication offers its readers over 600 pages of national and international results, and pays tribute to the leading athletes of the year.

SPORT AND FITNESS MANAGEMENT - CAREER STRATEGIES AND PROFESSIONAL CONTENT, edited by Janet B. Parks and Beverly R.K. Zanger, published by Human Kinetics Publishers Inc., Box 5076, Champaign, Illinois 61825-5076 (USA). 277 pages in English. Price : US\$ 35.-

This book gives a complete and detailed picture of what sports administration involves and the role of the sports administrator. In this collective work the reader will find the various career and professional options available, and the major basic techniques for success in this kind of work. The final chapter is devoted to the history, sociology, psychology and physiology of both sport and administration in the context of American culture.

