

DOPING

The IOC Medical Commission has just published the latest list of prohibited substances and methods for 1996. This recent edition of the IOC Medical Code addresses the problem of doping, which consists in

administering substances that belong to the classes prohibited by pharmacological agencies, and/or in using various prohibited methods, and which is counter to the ethical standards of sport and medicine. The following are prohibited under the IOC Medical Code:

I. PROHIBITED SUBSTANCE CLASSES

- A. Stimulants
- B. Narcotics
- C. Anabolic agents
- D. Diuretics
- E. Peptide and glycoprotein hormones and analogues

II. PROHIBITED METHODS

- A. Blood doping

- B. Pharmacological, chemical and physical manipulation

III. CLASSES OF DRUGS SUBJECT TO CERTAIN RESTRICTIONS

- A. Alcohol
- B. Marijuana
- C. Local anaesthetics
- D. Corticosteroids
- E. Beta-blockers