

## IV. Scotland

- IV-1 Pollatschek, John. "The Contribution of Physical Education from 5-14 Years," *Scottish Journal of Physical Education*, 17, No. 2 (June 1989), 4-6.

This overview of major events in Scottish physical education opens by pointing out that in 1965 the Scottish Education Department recommended the class teacher as the best person to teach physical education. More recent developments such as the growing use of the term "Expressive Arts" in the late 1970s are discussed. Among a series of significant recommendations, the following are major objectives for physical education: all children are to receive quality daily physical education programs from 5-14; the term "expressive arts" to embrace physical education; physical education activities to be identified within Environmental Studies; physical education to be utilized as an instructional vehicle for language arts and mathematics-5 sources.

—Scott A. G. M. Crawford

- IV-2 Hill, Peter. "Changing Perceptions of Physical Education and Sport." *Scottish Journal of Physical Education*, 17, No. 2 (June 1989), 8-9. 23.

Philosopher Peter Hill stresses the point that over time spans there have been significant changes in society's perceptions of physical education. Hill spotlights the importance of the 1977 Mann Report and notes that subsequent debates too often suffered from divisiveness and polarization. For example, "physical activity versus physical education," examinable PE versus non-examinable PE" and "Sports versus PE versus Recreation." Conclusions emphasize the importance of a multi-faceted, interdisciplinary subject embracing sport, recreation and physical education; the need for a broadly-based strong core; daily physical education to become a fact rather than a wished for goal; physical education teachers to take up educative roles to impact on various agencies in the local community.

—Scott A. G. M. Crawford

- IV-3 Grant, Stan. "Exercise and Coronary Heart Disease," *Scottish Journal of Physical Education*, 17, No. 3 (November 1989), 5-6, 16.

As there is a considerable expansion and interest in sport history sub-areas, such as exercise science, cross-cultural review essays such as this one are of great importance. Grant discusses coronary heart disease, aerobic training, physical activity and CHD

and aerobic fitness and CHD risk factors. A special feature of Grant's data base is its international flavor—the *European Heart Journal*, *British Medical Journal*, *Lancet* and the *American Journal of Epidemiology*, *Physician and Sports Medicine* and so on; 28 sources.

—Scott A. G. M. Crawford

IV-4 Loughlan, Chris and Small, Roy B. "Interview," *Scottish Journal of Physical Education*, 17, No. 2 (June 1989), 19-20.

This unusual piece is an interesting example of the opportunities for oral history as applied to the history of physical education. In this instance editor Chris Loughlan poses a series of questions to retiring educator Roy B. Small of the Scottish School of Physical Education at Jordanhill College in the summer of 1989. Small discusses the physical education curriculum concerns of Scotland in the 1950s and early 1960s, the importance of the introduction of the B.Ed. degree in 1975 and future moves to establish a variety of new programs such as "Sport in the Community."

—Scott A. G. M. Crawford