

VII. Asian Sport

VII-I Song, Luzeng. "China and the Olympic Movement," *China Sports*, 24, No. 7 (July 1992). 44-47.

Sports such as running, jumping, throwing, charioteering and a variety of martial arts were not only part of the ancient Olympic Games but were also widely practiced in ancient China. Both ancient China and Greece included sports in the educational system and frequently combined sporting activities with dance. During the latter part of the nineteenth century, Western sports and physical education was introduced into China by the Young Men's Christian Association and traditional Chinese sports lost favor. However, some of these activities such as wushu have adopted semi-western rules for competition and have remained extremely popular with the Chinese people. No notes.

—Lynne Emery