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# Cultural Aspects of the French-Canadian in Physical Education and Sport

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To understand the French-Canadian in physical education and sport, one must understand some of the important forces that have influenced the Québec culture throughout its history. Québec is now going through a social reorientation. It follows that its different social institutions will also go through this process.

The following cultural aspects of the French-Canadian in physical education and sport will be discussed in this presentation:

- (1) The search of a common cause is the basis for some of the problems met in the global culture and in the profession of physical education:
- (2) The fact of being a French province in an anglophone North-America brings some consequences which, far from being all positive, influence all activities within the social institutions:

- (3) Some difficulties arise from the lack of involvement and interest in many of the social affairs coupled with an economically oriented society:
- (4) Some cultural contradictions make it difficult for modern man to consider physical education and sport as important values. Some decisions will have to be made on the part of the government and all other organizational bodies involved in sport to accept and implant sport as a value in itself:
- (5) Sport has become a consumer product with all emphasis being put on anything and everything but the participant.

Even though this presentation deals with the French-Canadian in physical education and sport, the problems identified are true of North-America at large.

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