
Physical Education in the Province of Quebec 1960- 1977

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The publication in 1960 of the report on education by “La Commission du Programme de la Faculté des Arts” has been a major event. For the first time, a physical education program was introduced in colleges affiliated with Laval University.

Following an inquiry we receive information about strong and weak points of the graduate. All aspects of his training are considered intellectual, spiritual and social. We pay more attention to physiological aspect.

The report studies the student and his historical, economical, social, religious, cultural and scholastic environment.

The report describes humanism in education: it gives three objectives, more is given for the physical objective. In chapter VI more details are given about the body and the attitude toward the body. The second report was published in 1964. We called it “Le Rapport Parent”. This report covers the whole Province of Quebec. It has changed the whole structure of education.

On chapter XXII, the report look back to the status of physical education both among catholic and protestant schools. Informations are given about others countries. The report consider physical education important on different aspects: physical, ethical, affective intellectual.

The program itself is divided in six families of activities: gymnastics, individual and team sports, games, aquatic activities, combat and rhythmic activities.

Those two reports will be regarded as landmarks in the History of physical education in Quebec.